



outreach

Martinez + Oakland Outreach Programs

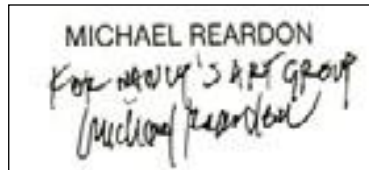
July 2016

Let me, Sheila Cain Outreach co-chair, introduce you to a few of the veterans we Outreach to in Oakland and the leader of the group.

Nancy Redden is an art therapist who brought CWA Outreach to Oakland. She saw CWA Outreach painting with our Martinez veterans when she was visiting the Martinez VA hospital in September of 2015 . Through Nancy, CWA has Outreached to K.Cody, Michael and John, (see below) and her group of 10 vets. Nancy has led this group for 20 years. With her they have kept 15" x 15" journals and developed a trust filled place which is where we paint.

K.Cody below bought Michael Reardon's new book, Watercolor Techniques: Painting Light & Color in Landscapes and Cityscapes and had it dedicated to Nancy and the group.

K.Cody lives 4.5 hrs drive from Oakland. He comes into town for his health care and the CWA Outreach class. We are looking forward learning from Michael Reardon's book. Thank you K.Cody!



Nancy Redden, the leader of the pack

Michael Anderson, below, has surprised himself with his own interest in and facility with painting. He's painting "Big Smile" is on tour with the About Face Veterans Exhibit that is currently traveling to libraries and municipal buildings in Contra Costa County.

John, like the great majority of this veteran group, served in Vietnam. John served from 1964 to 1974 in Vietnam for the Navy. His knowledge of river navigation was greatly needed by the U.S. government then. A true sailor, he lives on a sail boat now.

His still life painting, center below, was a still life in the round, with no background. I applaud how he played the cool and warm elements in this composition.



K.Cody leans in to his drawing

Sheila Cain



Michael Anderson



John was in the Navy and would like to paint boats.



John

Veterans busy creating at the Martinez VA Outreach Program

